

Simple Two-Hand Coordination

C Major, contrary motion

(this exercise can be played anywhere on the keyboard, with opposing or matching fingerings; the most important thing is the rhythm, and using all five fingers in a settled hand position - this is useful for getting used to a new hand position or phrase)

Oscar Peterson finger builder #1

While holding fingers one, three and five, alternate fingers 2 and 4. Build endurance SLOWLY through these rhythmic divisions (quarter notes for several days is ok)

This exercise should be done with both hands, first separately, then together (left hand an octave lower) when comfortable

Oscar Peterson finger builder #2

This is easier than it looks - simply place the fifth finger on the C three octaves above middle C, and play fingers 5-2-1, moving the same shape all the way down through the white keys until the thumb hits the F above middle C. Do this slowly and carefully and try to do it without looking at the keys.

This can also be done with both hands, r.h. starting at the top of the keyboard, l.h. at the bottom; try both directions, and with 5-2-1, 1-2-5, 5-4-1, and 1-4-5 fingerings.